Disneyland® Resort Travel Tips and Suggestions

When visiting with a little one, review these Disneyland Resort tips to make the most of your magical experience!

Pre-Trip Planning

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• Keep your planning simple. Take a look at a Resort guide map, determine the "mustdo's" and leave ample time for discovery and magical surprises.

Be flexible. You'll appreciate the simplicity of your plan when your little ones discover their own "must-do's" during the vacation – be prepared to make fun out of the unexpected.
Remember, there are lots of sunny days in Southern California, so don't forget to pack some sunscreen and hats. Also remember to bring comfortable walking shoes.

When You've Arrived at the Disneyland Resort

• Plan to arrive at the Parks early and take a break in the middle of the day for lunch and afternoon naps. Head back in the late afternoon after everyone is well-rested and ready for more fun.

• Use these helpful hints to prepare for a day in the California sun:

- o Use sunblock of SPF 15 or higher.
- o Protect your little ones by having them wear a hat while outdoors.
- o Light-colored clothing is advisable during our warmer months.
- o Generally, a jacket and/or blanket will be welcome for our cool evenings.

• Stroller rentals are available to the right of the entrance of both Parks.

• Lockers are available at each Park for unlimited use throughout the day.

• Pick up an Entertainment Times Guide when entering the Parks to find out the show and parade schedule and when you can meet your favorite Characters.

• The Disneyland[®] Tip Board and Guest Relations Host/Hostess located at the end of Main Street can provide you with a wealth of entertainment information, including showtimes and approximate wait times for some of our most popular attractions.

• Baby Care Centers are located in both Parks and offer a great place for you and your little one to unwind. These centers offer rocking chairs and low lighting for nursing mothers, feeding areas with high chairs, changing rooms with a Training potty and a variety of baby sundries available for purchase.

• There are also baby-changing stations in all bathrooms, including men's and family rest rooms.

• Check out Disney's FASTPASS[®] Service (subject to availability) that lets you spend less time waiting in line and more time enjoying the Parks.

• A Theme Park "rider swap" program gives both mom and dad a chance to enjoy the latest attractions without the double wait. A parent who waits with a young child while the other parent rides the attraction can get on the ride with minimal wait time once the first parent comes off.

• ATMs are conveniently located in both Parks.

Characters

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- Pick up an Entertainment Times Guide to see when and where to meet your favorite Characters.
- Mickey's Toontown is a great place to meet Characters at Disneyland® Park.
- One of the best ways to spend time with Disney Characters up close is by dining at a Character meal.
- Don't forget to bring autograph books! All Characters are pleased to sign autographs.
- Some children may be intimidated by Characters they haven't met before. Go with them to approach the Characters so that the children are less intimidated.

Dining

- Milk and other healthy meal options are available in most Disneyland Resort restaurants.
- Dining is fun for kids with our "Munch, Inc. Kids Meals," which feature child-size portions in a specially decorated lunch box.
- High chairs and booster seats are available in all sit-down dining establishments.
- Most Disney restaurants offer children's menus, plus crayons and coloring books to keep kids entertained.